

WHAT CAN HOME HEALTH CARE DO FOR PATIENTS?

HOME CARE SERVICES MAY:

- Promote the recovery process after surgery or an acute illness.
- Shorten or eliminate the need for hospitalization due to illness or injury.
- Enable patients and families to acquire the knowledge and learn the skills necessary to manage at home.
- Help patients attain the highest level of independence.
- Promote ongoing health management through education.

A physician referral is necessary to provide home care services. Our office hours are 8:30am to 5:00pm Monday through Friday, and telephone access to a Registered Nurse is provided 24 hours per day. We welcome your referrals and appreciate your confidence in us!

Please contact us at:

51 Moraga Way, Suite #4
Orinda, CA 94563

Phone: (925) 258-9101

Fax: (925) 258-9501

www.hhhcs.com



Horizon Home Health Care is committed to treating patients as we would want our family members to be treated. We are a Medicare certified agency comprised of experienced, highly skilled home health care professionals.



ABOUT OUR AGENCY

We provide a wide range of services to patients in the comfort of their own homes. Our goal is to assist patients in achieving the maximum level of functioning by individualizing their care and using a multidisciplinary approach. We provide comprehensive, patient-centered care.

OUR HIGHLY QUALIFIED STAFF:

- Works with discharge planners and case managers to provide a seamless transition from the hospital to home care.
- Performs skilled systems assessments to determine the unique needs of the patient.
- Develops and updates an individual care plan and treatment goals in conjunction with the physician and other team members.
- Coordinates care by maintaining effective ongoing communication with the physician and other members of the team.
- Actively involves the patient and family.
- Works with DME companies to obtain the equipment the patient needs.
- Coordinates with community agencies for services the patient needs.



SERVICES PROVIDED BY HORIZON HOME HEALTH CARE

Our skilled intermittent services include nursing, physical therapy, occupational therapy, speech therapy, and medical social workers. A comprehensive assessment of the patient is done within the context of their home, and the case manager coordinates the care. We also have home health aides to assist with personal care.



SKILLED NURSING:

Includes assisting the patient in managing the symptoms of chronic conditions, assessing and treating wounds, instructing the patient in medication management and new or exacerbated diagnoses, teaching self administration of gastrostomy feedings, IM, SQ injections, and drawing and monitoring lab values.

PHYSICAL THERAPY:

Includes therapeutic exercise, balance activities and ambulation training to regain functional mobility and gross motor skills.

OCCUPATIONAL THERAPY:

Includes techniques for sensory integration, energy conservation, joint protection, compensatory techniques to improve the level of independence in the activities of daily living, and therapeutic activities designed to restore physical function.

SPEECH THERAPY:

Includes the treatment and management of voice disorders, aphasia, dysphasia, and special techniques to facilitate the patient's communication skills.

MEDICAL SOCIAL WORKER:

Includes community resource planning and referrals, counseling for long range planning and decision-making, and assistance in locating care facilities.

WE ACCEPT THE FOLLOWING PAYERS:

- Medicare
- Private Insurances/ HMOs
- Private Pay

